



La Escuelita del Encinar  Educación Infantil

NEURO NURTURING BABY CAMP 2024

1 JUL - 11 JUL
0 - 1 YEAR



25 years
caring for
Childhood

**If babies brains could talk
they would probably be asking:**

**Do the adults that we depend on
actually know what
we really need most?**



NEURO NURTURING CAMP

0 - 1 YEAR

The brain is experience dependent, meaning development doesn't just magically happen. A brain develops based on the combination of the genes a child is born with, influences during pregnancy and the experiences that a child has after birth.

The early days, months and years are significant in rapidly connecting the estimated 86 billion brain cells a baby has at birth.

Experiences create a direct and physical impact on the way a brain becomes wired. The repetition of experiences strengthens these essential neural connections forming **strong brain pathways for learning, behaviors, skill development, health and self-perception.**

THE CAMPS THAT FEEL LIKE HOME

SUMMER CAMPS DESIGNED FOR CHILDHOOD

What children need most are adults that understand development.

The earliest weeks and months are the time for the most rapid amount of growth and physical development. Recent research reveals that nurturing responsive relationships in the **first months are especially influential toward a trajectory of well-being in life.**

When the brain feels a consistent sense of trust and security, it is then able to relax and is ready to learn. This **security is imperative to establish right from birth** for creating a secure attachment, preparing the brain for learning, physical and mental health, cultivating relationships with others and establishing self-worth.

YOU ARE EXTREMELY FORTUNATE

Previous generations did not have the proven knowledge we have now.

**NEURO NURTURING KNOWLEDGE BASED
ON PROVEN RESEARCH LEADS TO
UNLEARNING COMMON MYTHS AND
MISCONCEPTIONS ABOUT WHAT
NEWBORNS & BABIES NEED.**



UN-LEARNING MYTHS

- Does Responding to Cries Lead to Spoiling?
- Is Self-Regulation Developed By Leaving a Baby Alone?
- Do Labels of "Good" or "Fussy" Help?
- All the Baby Equipment & Toys are good for a Baby?
- Is Calmness Important?
- Is Rocking a Newborn a Bad Habit?
- Is Crying the Only Way a Baby Communicates?
- Is an Infant Unaffected By Experiences?
- Does a Newborn Experience Boredom?
- Does Having Consistent Caregivers Matter?
- Is Talking to a Baby Silly?
- Should I Make Myself the Last Priority?
- Does Positivity Make a Difference?
- Are the Senses of a Newborn Developed?

NEURO NURTURING CAMP

Babies thrive when the adults in their lives understand and provide the nurturing they require.

- The baby requires nurturing responses when crying or expressing a need.
- Experiences in infancy significantly impact the still developing brain.
- Resilience develops as a result of consistent responsive nurturing.
- Every experience influences the way the baby's brain becomes wired.
- Balanced experiences to avoid under and over-stimulation are needed.
- One or two consistent caregivers create the needed feeling of security.
- Support of stress relief for a parent is very beneficial to the baby.
- Rocking or swaying with a baby helps to calm & regulate their brain.
- Talking directly with a baby contributes greatly to their development.
- Acceptance and respect of who the baby is without labeling is optimal.
- Parental self-care and support from others is extremely necessary.
- Being carried in arms, floor time vs. containers & no screens is ideal.
- A focus on positives contributes to increased nurturing interactions.
- Creating calming moments throughout the day are extremely beneficial.
- The baby is sensitive to all of the sensations experienced during the day.
- Crying is only one way the baby communicates.
- Tuning-in is important.
- Calm, respectful, prompt nurturing responses are imperative.



GROUP 1: MONDAY TO THURSDAY FROM 9:30 TO 10:30
GROUP 2: MONDAY TO THURSDAY FROM 10:30 TO 11:30

AGE:
NEWBORN TO CRAWLING BABIES (0-9/12 MONTHS)

ACCOMPANYING ADULT:
MOTHER, FATHER, GRANDMOTHER, GRANDFATHER, CAREGIVER, ...

WEEKS:
1 - 4 JULY
8 - 11 JULY

PRICE:
160 EUROS PER WEEK

YOUR INSTRUCTORS:
REBECA & NATALIA, DIRECTORS OF LA ESCUELITA DEL ENCINAR

NEURO NURTURING BABY CAMP 2024

ONLINE REGISTRATION

**REGISTRATION FEE: 100 EUROS
DISCOUNTED FROM TOTAL PRICE.**

**The total fee will be paid on the first day of
the Camp (July 1, 2024).**

LIMITED PLACES

Registration Fee must be transferred for
the place to be reserved.

**BABIES WHO HAVE OR HAVE HAD
SIBLINGS ENROLLED AT
LA ESCUELITA DEL ENCINAR
WILL ENJOY A 50% DISCOUNT.**



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