



La Escuelita del Encinar  Educación Infantil

# NEURO NURTURING BABY CAMP 2025

30 JUN - 10 JUL  
0 - 1 YEAR



25 years  
caring for  
Childhood



**If babies brains could talk  
they would probably be asking:**

Do the adults that we depend on  
actually know what  
we really need most?



# NEURO NURTURING CAMP

0 - 1 YEAR

**The brain is experience dependent,** meaning development doesn't just magically happen. A brain develops based on the combination of the genes a child is born with, influences during pregnancy and the experiences that a child has after birth.

The early days, months and years are significant in rapidly connecting the estimated 86 billion brain cells a baby has at birth.

**Experiences create a direct and physical impact on the way a brain becomes wired.** The repetition of experiences strengthens these essential neural connections forming **strong brain pathways for learning, behaviors, skill development, health and self-perception.**

## THE CAMPS THAT FEEL LIKE HOME

# SUMMER CAMPS DESIGNED FOR CHILDHOOD

**What children need most are adults that understand development.**

The earliest weeks and months are the time for the most rapid amount of growth and physical development. Recent research reveals that nurturing responsive relationships in the **first months are especially influential toward a trajectory of well-being in life.**

When the brain feels a consistent sense of trust and security, it is then able to relax and is ready to learn. This **security is imperative to establish right from birth** for creating a secure attachment, preparing the brain for learning, physical and mental health, cultivating relationships with others and establishing self-worth.



# YOU ARE EXTREMELY FORTUNATE

Previous generations did not have the proven knowledge we have now.

**NEURO NURTURING KNOWLEDGE BASED  
ON PROVEN RESEARCH LEADS TO  
UNLEARNING COMMON MYTHS AND  
MISCONCEPTIONS ABOUT WHAT  
NEWBORNS & BABIES NEED.**



## UN-LEARNING MYTHS

- Does Responding to Cries Lead to Spoiling?
- Is Self-Regulation Developed By Leaving a Baby Alone?
- Do Labels of "Good" or "Fussy" Help?
- All the Baby Equipment & Toys are good for a Baby?
- Is Calmness Important?
- Is Rocking a Newborn a Bad Habit?
- Is Crying the Only Way a Baby Communicates?
- Is an Infant Unaffected By Experiences?
- Does a Newborn Experience Boredom?
- Does Having Consistent Caregivers Matter?
- Is Talking to a Baby Silly?
- Should I Make Myself the Last Priority?
- Does Positivity Make a Difference?
- Are the Senses of a Newborn Developed?



# NEURO NURTURING CAMP

Babies thrive when the adults in their lives understand and provide the nurturing they require.

- The baby requires nurturing responses when crying or expressing a need.
- Experiences in infancy significantly impact the still developing brain.
- Resilience develops as a result of consistent responsive nurturing.
- Every experience influences the way the baby's brain becomes wired.
- Balanced experiences to avoid under and over-stimulation are needed.
- One or two consistent caregivers create the needed feeling of security.
- Support of stress relief for a parent is very beneficial to the baby.
- Rocking or swaying with a baby helps to calm & regulate their brain.
- Talking directly with a baby contributes greatly to their development.
- Acceptance and respect of who the baby is without labeling is optimal.
- Parental self-care and support from others is extremely necessary.
- Being carried in arms, floor time vs. containers & no screens is ideal.
- A focus on positives contributes to increased nurturing interactions.
- Creating calming moments throughout the day are extremely beneficial.
- The baby is sensitive to all of the sensations experienced during the day.
- Crying is only one way the baby communicates.
- Tuning-in is important.
- Calm, respectful, prompt nurturing responses are imperative.



**GROUP 1:** MONDAY TO THURSDAY FROM 9:30 TO 10:30  
**GROUP 2:** MONDAY TO THURSDAY FROM 10:30 TO 11:30

**AGE:**  
NEWBORN TO CRAWLING BABIES (0-9/12 MONTHS)

**ACCOMPANYING ADULT:**  
MOTHER, FATHER, GRANDMOTHER, GRANDFATHER, CAREGIVER, ...

**WEEKS:**  
30 JUNE - 3 JULY  
7 JUNE - 10 JULY

**PRICE:**  
160 EUROS PER WEEK

**YOUR INSTRUCTORS:**  
REBECA & NATALIA, DIRECTORS OF LA ESCUELITA DEL ENCINAR

# NEURO NURTURING BABY CAMP 2025



# ONLINE REGISTRATION

**REGISTRATION FEE: 100 EUROS**  
DISCOUNTED FROM TOTAL PRICE.

The total fee will be paid on the first day of  
the Camp (June 30, 2025).

## LIMITED PLACES

Registration Fee must be transferred for  
the place to be reserved.

**BABIES WHO HAVE OR HAVE HAD  
SIBLINGS ENROLLED AT  
LA ESCUELITA DEL ENCINAR  
WILL ENJOY A 50% DISCOUNT.**



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